

# IRISH STEW

Count: 32      Wall: 4      Level: Beginner / Intermediate

Choreographer: Lois Lightfoot

Music: Irish Stew by Sham Rock



## **SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, CLAP TWICE**

- 1&                    Touch right toe to side, step right together
- 2&                    Touch left toe to side, step left together
- 3&4                  Touch right toe to side, clap, clap
- 5&                    Touch right heel forward, step right together
- 6&                    Touch left heel forward, step left together
- 7&8                  Touch right heel forward, clap, clap

## **SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP, TURN ½**

- 1&2                  Step right forward, step left together, step right forward
- 3-4                  Rock left forward, recover onto right
- 5&6                  Step left back, step right together, step left forward
- 7-8                  Step right forward, turn ½ left (weight to left)

## **RIGHT CROSS ROCK, CHASSE SIDE, LEFT CROSS ROCK CHASSE SIDE**

- 1-2                  Cross/rock right over left, recover onto left
- 3&4                  Step right to side, step left together, step right to side
- 5-6                  Cross/rock left over right, recover onto right
- 7&8                  Step left to side, step right together, step left to side

## **TOE TOUCHES, SAILORS SHUFFLE, TOE TOUCHES, SAILORS TURN ¼ LEFT**

- 1-2                  Touch right toe forward, touch right toe to side
- 3&4                  Cross right behind left, step left to side, step right to side
- 5-6                  Touch left toe forward, touch left toe to side
- 7&8                  Cross left behind right, turn ¼ left and step right to side, step left to side

## **REPEAT**