

Shooga

32 count, 4 wall, beginner/intermediate level
Choreographer: Kelli Haugen (Norway) Jan 2005
Choreographed to: Sugar-Sugar (In My Life) by John Fogerty (105 bpm), Déjà Vu All Over Again CD

32 count intro

ROCK, ROCK, ROCK, TRIPLE, TOUCH, SWEEP

1,2,3 Rock left on left, rock right on right, rock left on left (sway hips)
4&5 Triple right, left, right to right
6,7 Touch left toe forward, sweep left foot from front to left side

SAILOR ¼ TURN, WALK, WALK, TRIPLE, ROCK, RECOVER

8&1 Step left behind right, ¼ turn left step right on right, step forward on left
2,3 Walk forward right, left
4&5 Triple forward right, left, right
6,7 Rock forward on left, recover back on right

LOCK BACK, ROCK, RECOVER, STEP, ¼ TURN, CROSS, ROCK & STEP

8&1 Step back on left, cross right in front of left, step back on left
2,3 Rock back on right, recover forward on left
4&5 Step forward on right, ¼ left on left, cross right in front of left
6&7 Rock left to left, recover on right, step left next to right

COASTER, WALK, WALK, STEP, ¼ TURN, CROSS, TRIPLE, ROCK &

8&1 Step back on right, step left next to right, step forward on right
2,3 Walk forward left, right
4&5 Step forward on left, ¼ turn right on right, cross left in front of right
6&7 Triple right, left, right to right
8& Rock forward on left, recover back on right

Start again and have fun!

Tag: Done once after the fifth wall (facing 9:00)

STEP, TOGETHER STEP, TOUCH 2X

1,2,3,4 Step left to left (push hip to right), step right next to left, step left to left (push hip to right), touch right next to left
5,6,7,8 Step right to right (push hip to left), step left next to right, step right to right (push hip to left), touch left next to right
