

# Mama Tried

Count: 32

Wall: 4

Level: Improver

Choreographer: Randi Kvist Gislinge DK (November 2018)

Music: Mama Tried - George Canyon



BUY THE MUSIC [HTTPS://WWW.GEORGE CANYON.COM/DISCOGRAPHY/CLASSICS-2/](https://www.georgecanyon.com/discography/classics-2/) OR  
[HTTPS://ITUNES.APPLE.COM/CA/ALBUM/CLASSICS-II/ID575735248](https://itunes.apple.com/ca/album/classics-ii/id575735248)

Start: 16 count from start at the Guitar.

Restart wall 4 after 16 counts – Notice that the dance will turn from here.

**S1: Walk fwd. R & L, R shuffle fwd. Step ½ turn R, step ¼ turn R.**

1-2 Step fwd. R, step fwd. L  
3&4 Step fwd. R, step L beside R, step fwd. R  
5-6 Step fwd L turn ½ R, place weight on R (6)  
7-8 Step fwd. L turn ¼ R, place weight on R (9)

**S2: L Cross and Heel, R Cross and Heel, walk L-R, L side mambo**

1&2& Cross step L over R, step R to R side, L heel dig, L beside R  
3&4& Cross step R over L, step L to L side, R heel dig, R beside L  
5-6 Walk L and R  
7&8 Step L to L side, Recover weight on R, step L beside R

Restart wall 4

**S3: R heel-hook-heel-flick R shuffle fwd., L heel-hook-heel-flick L Shuffle fwd.**

1&2& Touch R heel fwd., hook R heel in front of L, touch R heel fwd., flick R heel back  
3&4 Step fwd. R, step L beside R, step fwd. R  
5&6& Touch L heel fwd., hook L heel in front of R, touch L heel fwd., flick L heel back  
7&8 Step fwd. L, step R beside L, step fwd. L

**S4: Step 1/4 turn L, Cross shuffle R, L side Rock, L coaster**

1-2 Step fwd R turn 1/4 L, place weight on L  
3&4 Step R across L, step L beside R, step R across L  
5-6 Rock L to L side, recover weight R  
7&8 Step L back, step R beside L, step L fwd.

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