



Momma Mia

STEPS		ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
INTERMEDIATE	PART A	VERSE - 36 Counts, danced twice.		
	Section 1	Right Shuffle, Rock, Left Shuffle Back, Rock		
	1 & 2	Step forward right. Close left beside right. Step forward right.	Right Shuffle	Forward
	3 - 4	Rock forward on left. Recover onto right.	Rock Forward	
	5 & 6	Step back on left. Close right beside left. Step back on left.	Left Shuffle Back	Back
	7 - 8	Rock back on right. Recover onto left.	Rock Back	
	Section 2	Cross, Side, Right Sailor Step, Cross 1/4 Turn Left, Shuffle Back, Rock		
	1 - 2	Cross right over left. Step left to left side.	Cross Side	Left
	3 & 4	Cross right behind left. Step left to left side. Step right to place.	Sailor Step	On the spot
	5 - 6	Cross left over right. Make 1/4 turn left stepping back on right.	Cross Turn	Turning left
7 & 8	Step back on left. Close right beside left. Step back on left.	Left Shuffle Back	Back	
9 - 10	Rock back on right. Recover onto left.	Rock Back		
Section 3	Right Shuffle, Step, 1/2 Pivot, Left Shuffle 1/2 Turn, Rock			
1 & 2	Step forward right. Close left beside right. Step forward right.	Right Shuffle	Forward	
3 - 4	Step forward on left. Pivot 1/2 turn right.	Step Pivot	Turning right	
5 & 6	Shuffle step making 1/2 turn right, stepping - left, right, left.	Shuffle Turn		
7 - 8	Rock back on right. Recover onto left.	Rock Back	Back	
Section 4	Cross Rock, Chasse, Cross Rock, Shuffle 1/4 Turn, Step, 1/2 Pivot			
1 - 2	Cross rock right over left. Recover onto left.	Cross Rock	Left	
3 & 4	Step right to side. Close left beside right. Step right to right side.	Side Close Side	Right	
5 - 6	Cross rock left over right. Recover onto right.	Cross Rock		
7 & 8	Shuffle step making 1/4 turn left, stepping - left, right, left.	Shuffle Turn	Turning left	
9 - 10	Step forward on right. Pivot 1/2 turn left. (Facing 12 o'clock).	Step Pivot		
Note:-	Part A - Verse, is now repeated again before dancing chorus.			
PART B	CHORUS - 50 Counts			
*Section 1	Kick Ball Change, Stride, Touch, Switches, Claps.			
1 & 2	Kick forward on right Step right beside left. Step onto left to place.	Kick Ball Change	On the spot	
3 - 4	Stride forward on right. Touch left beside right.	Stride Touch	Forward	
5 & 6	Touch left to left side. Step left beside right. Touch right to right side.	Touch & Touch	On the spot	
& 7 & 8	Step right beside left. Touch left to left side. Clap hands twice.	& Touch & Clap		
*Section 2	Step, Cross, Side, Behind, Side, Cross Rock, Right Shuffle 1/4 Turn			
& 1 - 2	Step left beside right. Cross right over left. Step left to left side.	Step Cross Side	Left	
3 - 4	Step right behind left. Step left to left side.	Behind Side		
5 - 6	Cross rock right over left. Recover onto left.	Cross Rock		
7 & 8	Shuffle step 1/4 turn right, stepping - right, left, right. (Facing 3 o'clock)	Shuffle Turn	Turning right	

Continued...

Momma Mia

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Hazel Pace

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 3	Rock, Back Rock, Step, 1/2 Turn Right, Right Shuffle Back		
1	Rock left forward, turning towards 6 o'clock.	Rock	Forward
Arms:-	As you rock hunched shoulders with arms out to side.		
2	Recover onto right (bringing arms down) facing 3 o'clock.	Recover	
3	Rock back on left, turning towards 12 o'clock (hunching shoulders).	Back	Back
4	Recover onto right (bringing arms down). (Facing 3 o'clock).	Recover	
5 - 6	Step forward left. Make 1/2 turn right (keeping weight back on left).	Step Turn	Turning right
7 & 8	Step back on right. Close left beside right. Step back on right.	Right Shuffle Back	Back
Section 4	Left Coaster Step, Walk x 3, Kick, Walk Back, Left Coaster Step		
1 & 2	Step back on left. Step right beside left. Step forward on left.	Coaster Step	On the spot
3 - 6	Walk forward - right, left, right. Kick left forward clapping hands.	Rt Lt Rt Kick	Forward
7 - 8	Step back left. Step back right.	Walk Back	Back
9 & 10	Step back left. Step right beside left. Step forward left.	Coaster Step	On the spot
*Section 5-6	Repeat Sections 1 and 2 of Part B		
1 - 16	Dance first 16 counts of part B again, then continue with Sec.7		
Section 7	Rock, Left Shuffle 1/2 Turn, Right Shuffle 1/2 Turn, Coaster		
1 - 2	Rock forward on left. Recover onto right.	Left Rock	Forward
3 & 4	Shuffle step 1/2 turn left, stepping - left, right, left.	Shuffle Turn	Turning left
5 & 6	Shuffle step 1/2 turn left, stepping - right, left, right	Shuffle Turn	
7 & 8	Step back on left. Step right beside left. Step forward on left.	Coaster Step	On the spot
Section 8	Walk Forward x 3, Kick, Walk Back, Left Coaster Step		
1 - 4	Walk forward - right, left, right. Kick left forward, clapping hands.	Rt Lt Rt Kick	Forward
5 - 6	Step back left. Step back right.	Walk Back	Back
7 & 8	Step back left. Step right beside left. Step forward left.	Coaster Step	On the spot
TAG:-	(6 Counts) Danced once following first repetition.		
1 - 3	Cross right over left. Step left to left side. Step right to right side.	Cross Side Side	Left
4 - 6	Cross left over right. Step right to right side. Step left to left side.	Cross Side Side	Right
Ending:-	(10 Counts) Dance once at end of second repetition.		
1 - 2	Cross right over left. Step left to left side.	Cross Side	Left
3 - 4	Step right behind left. Step left 1/4 turn left.	Behind Turn	Turning left
5 - 6	Step forward right. Pivot 1/4 turn left.	Step Pivot	Turning left
7 - 8	Step forward right. Pivot 1/2 turn left.	Step Pivot	
9 - 10	BIG FINISH: Stomp right forward, arms out (De Da!)	Stomp Arms	Forward

INTERMEDIATE

1 Wall Line Dance:- 102 Counts. Intermediate.

Choreographed by:- Hazel Pace (UK) September 2005.

Choreographed to:- 'Home To Mamma' by Patrizio Buanne (132 bpm) from The Italian Album (start on vocals).

Choreographer's Note:- The sequence is A, A, B, Tag, then A, A, B, Ending (A-Verse, B-Chorus).