

Saddle Up Shawty (a.k.a. Hip Hop Twist)

48 count, 4 wall, intermediate level

Choreographer: Guyton Mundy (USA) March 2008
Choreographed to: Saddle Up Shawty (Club Mix) by
Mikel Knight

Intro: None, cold start immediately after the rooster crows

KICK, STEP, KICK, HOOK, STEP, HOLD (ADD HANDS), HITCH, WALK BACK & TOUCH, LEFT HIP BUMPS TWICE

- 1&2& Low kick right forward, step right together, low kick left forward, hook left over right knee
3&4 Step left slightly forward, shift weight back to right and hitch left up
Hands: left arm out to low left side with right fist as inside of left elbow, right arm out to low right side with left fist at inside of right elbow (&), leaving left arm across body, bend right arm up vertically over right shoulder on same count as left leg hitch (4)
5&6 Walk back left, right, touch left to side
7-8 Bump left hip up and to the left twice (12:00)

STEP TO LEFT SIDE: ¼-TURN SAILOR: ½-TURN SAILOR, RIGHT SHUFFLE FORWARD: STEP FORWARD LEFT

- 1 Step left to side
2&3 Step right behind left, turn ¼ to left and step left forward, step right to side
4&5 Step left behind right, turn ¼ to left and step right to side, turn ¼ left and step left forward
6&7 Step right forward, step left together, step right forward
8 Step left forward (3:00)

STEP RIGHT FORWARD, ½-TURN HIP ROLL, ½-TURN SAILOR, STEP RIGHT FORWARD. ½-TURN HIP ROLL, LEFT COASTER STEP

- 1-2 Step right forward, turn ½ left while rolling hips around to the left (weight stays on right)
3&4 Step left behind right, turn ¼ to left and step right to side, turn ¼ left and step left forward
5-6 Step right forward, turn ½ left while rolling hips around to the left (weight stays on right)
7&8 Step left back, step right together, step left forward (9:00)

FUNKY SKATES FORWARD TWICE: CROSS, BACK, ¼ TURN, ¼ TURN, ½ TURN, LEFT SHUFFLE FORWARD

- 1-2 Big step right foot up and out to right side, big step left foot up and out to left side
3&4 Cross right over left, step left back, turn ¼ right and step right forward
5-6 Turn ¼ right and step left to side, turn ½ right and step right to side
7&8 Step left forward, step right together, step left forward (9:00)

Restart here on wall 6

RIGHT OUT, OUT, IN, IN, SCUFF, HITCH, STEP: LEFT OUT, OUT, IN, IN, SCUFF, HITCH, STEP

- 1&2& Step right to side, step left to side, step right to center, step left together
3&4 Scuff right forward, hitch right knee, step right together
5&6& Step left to side, step right to side, step left to center, step right together
7&8 Scuff left forward, hitch left knee, step left together

STEP SIDE RIGHT, SPLIT HEELS, SMALL HIP ROLLS: CHASSE TO LEFT, ¼-TURN PADDLES TWICE

- 1&2 Step right to side, split heels out and back to center (knees go in)
3-4 Roll hips in small circle to the left, repeat (weight stays on right)
5&6 Step left to side, step right together, step left to side
&7 Hitch right knee, turn ¼ left and touch right to side
&8 Repeat &7 (3:00)

RESTART

After 32 counts of wall 6, you will be facing the original starting wall.

Restart the dance from the beginning after the left shuffle forward (count 32)

Music download available from
