

Men Don't Change

48 Count, 4 Wall, Beginner, 2S

Choreographer: Rachael McEnaney (UK) Sept 2013

Choreographed to: Men Don't Change by Amy Dalley.

Album: It's Time (100 bpm - iTunes)

Count In: 16 counts from start of track, dance begins on vocals.

1 – 8 Walk R, walk L, R fwd coaster step, back L, back R, L coaster step

- 1 2 Step forward right (1), step forward left (2),
3 & 4 Step forward right (3), step left next to right (&), step back right (4)
5 6 Step back left (5), step back right (6),
7 & 8 Step back left (7), step right next to left (&), step forward left (8) 12.00

9 – 16 R side rock cross, L side rock cross, R chasse, L sailor with ¼ turn L

- 1 & 2 Rock right to right side (1), recover weight left (&), cross right over left (2)
3 & 4 Rock left to left side (3), recover weight right (&), cross left over right (4)
5 & 6 Step right to right side (5), step left next to right (&), step right to right side (6)
7 & 8 Cross left behind right (7), make ¼ turn left stepping right next to left (&), step forward left (8) 9.00

17 – 24 R heel strut, L heel strut, R rocking chair, R heel strut, L heel strut, step R, ¼ pivot L, close R

- 1 & Touch right heel forward (1), drop right toe to floor (weight right)(&),
2 & Touch left heel forward (2), drop left toe to floor (weight left)(&)
3 & 4 & Rock forward right (3), recover weight left (&), rock back right (4), recover weight left (&)
5 & Touch right heel forward (5), drop right toe to floor (weight right)(&),
6 & Touch left heel forward (6), drop left toe to floor (weight left)(&)
7 & 8 Step forward right (7), pivot ¼ turn left (&), step right next to left (8) 6.00

25 – 32 Side L, touch R, side R, touch L, L chasse, R jazz box with ¼ turn R

- 1 & 2 & Step left to left side (1), touch right next to left (&), step right to right side (2), touch left next to right (&)
3 & 4 Step left to left side (3), step right next to left (&), step left to left side (4)
5 6 Cross right over left (5), make 1/8 turn right stepping back left (6),
7 8 Make 1/8 turn right stepping right to right side (7), step slightly forward left (8) 9.00

33 – 40 R fwd rock, R side rock, R behind-side-cross, point L out-in-out, L behind, ¼ turn R, fwd L

- 1 & 2 & Rock forward right (1), recover weight left (&), rock right to right side (2), recover weight left (&)
3 & 4 Cross right behind left (3), step left to left side (&), cross right over left (4)
5 & 6 Point left to left side (5), touch left next to right (&), point left to left side (6)
7 & 8 Cross left behind right (7), make ¼ turn right stepping forward right (&), step forward left (8) 12.00

41 – 48 R fwd rock, R side rock, R behind-side-cross, ¼ turn L fwd L, ¼ turn L fwd R, ¼ turn L shuffle fwd.

- 1 & 2 & Rock forward right (1), recover weight left (&), rock right to right side (2), recover weight left (&)
3 & 4 Cross right behind left (3), step left to left side (&), cross right over left (4)
5 6 Make ¼ turn left stepping forward left (5), make ¼ turn left stepping forward right (6) 6.00
NOTE: counts 5 6 7&8 – think of this as a ¾ turn walking round in a circle L-R-Lshuffle (take your time)
7 & 8 Make ¼ turn left stepping forward left (7), step right next to left (&), step forward left (8) 3.00

END: Dance will end facing the front on the jazz box