



Approved by:
Alan G. Birchall

Before The Devil

4 WALL - 32 COUNTS - BEGINNER / INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Side Rock, Cross Shuffle, 1/2 Turn Right, Forward Shuffle		
1 - 2	Rock right to right side. Recover onto left.	Side Rock	Right
3 & 4	Cross right over left. Step left to left side. Cross right over left.	Cross Shuffle	Left
5 - 6	Make 1/4 right stepping back onto left. Turn 1/4 right stepping right to right side.	Turn Turn	Turning right
7 & 8	Step left forward. Close right beside left. Step left forward.	Left Shuffle	Forward
Section 2	Walk x 2, Kick Ball Step, Cross, Side, 1/4 Right Sailor Turn		
1 - 2	Walk forward right. Walk forward left.	Walk Walk	Forward
Option	Make full turn left stepping right, left.		
3 & 4	Kick right forward. Step right beside left. Step left forward.	Kick Ball Step	
5 - 6	Cross right over left. Step left to left side.	Cross Side	Left
7 &	Turning 1/4 right sweep right behind left. Step left beside right.	Turn &	Turning right
8	Step right forward. (9:00)	Step	Forward
Section 3	Full Turn Left (travelling forward), Heel Switches, Hand Claps		
1 - 2	Turn 1/4 left stepping left forward. Turn 1/4 left stepping right back.	Turn Turn	Turning left
3 - 4	Turn 1/4 left stepping left to side. Turn 1/4 left stepping right forward.	Turn Turn	
Option	Replace turn with 4 walks forward - left, right, left, right.		
5 &	Touch left heel forward. Step left beside right.	Heel &	On the spot
6 &	Touch right heel forward. Step right beside left.	Heel &	
7 & 8	Touch left heel forward. Clap hands twice.	Heel Clap Clap	
Section 4	& Rock, Triple Full Turn Right, Cross, Side, Behind, Side, Cross		
& 1 - 2	Step left beside right. Rock forward on right. Recover back onto left.	& Rock Recover	Forward
3 & 4	Triple full turn right, stepping - right, left, right.	Triple Full Turn	Turning right
Option	Replace turn with right coaster step.		
5 - 6	Cross left over right. Step right to right side.	Cross Side	Right
7 & 8	Cross left behind right. Step right to right side. Cross left over right.	Behind Side Cross	

Choreographed by: Alan G Birchall (UK) May 2006

Choreographed to: 'If You're Going Through Hell' by Rodney Atkins (156 bpm) from CD If You're Going Through Hell (32 count intro)

Choreographer's Note: Many thanks to Rick for bringing this music to my attention - great uplifting track!

Music Suggestion: 'Let Me Entertain You' by Robbie Williams (128 bpm)