



## Hearts And Flowers

### 32 count, 4 wall, beginner line dance

Choreographer Adrian Churm (UK)

Choreographed To  
Hearts And Flowers by Dave Sheriff

- HEEL DIGS, COASTER STEP, HEEL DIGS, COASTER STEP
- 1-2 Touch right heel forward twice  
3&4 Step back right, step left beside right, step right forward  
5-6 Touch left heel forward twice  
7&8 Step back left, step right beside left, step forward left
- RIGHT SHUFFLE, LEFT SHUFFLE, CROSS ROCK SHUFFLE 1/2 TURN RIGHT
- 9&10 Step forward right, close left beside right, step forward right  
11&12 Step forward left, close right beside left, step forward left  
13 Cross rock right over left  
14 Rock back onto left  
/Steps 15-18 travel towards back wall  
15&16 Shuffle step 1/2 turn right, stepping right, left, right
- LEFT SHUFFLE 1/2 TURN RIGHT, COASTER STEP, CHARLESTON STEPS
- 17&18 Shuffle 1/2 turn right, stepping left, right, left  
19&20 Step back on right, step left beside right, step forward right  
21 Step forward left  
22 Touch right toe forward  
23 Step right toe back  
24 Touch left toe back
- CHARLESTON STEPS, HEEL TOE TOUCHES, 1/4 TURN LEFT
- 25 Step forward left  
26 Touch right toe forward  
27 Step right toe back  
28 Touch left toe back  
29 Touch left heel forward  
30 Touch left toe back  
31 Step left 1/4 turn left  
32 Touch right beside left

REPEAT

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