



My Veronica

Choreographed by Peter & Alison, TheDanceFactoryUK, March 2008

Tel: 01727 853041 Website: www.thedancefactoryuk.co.uk

4 wall – 64 count improver/lower intermediate line dance

Music: Veronica – Barbados (start 16 counts after heavy beat starts...on verse vocals as he sings the word 'raised' in the phrase 'well I raised the highest mountain') From the CD: Rosalita or available as a download from www.7digital.com

1-8 L fwd box

1-4 Step L side left, step R together, step L forward, hold

5-8 Step R side right, step L together, step R back, hold

9-16 ¼ L & L fwd box

1-4 Turning ¼ left step L side left, step R together, step L forward, hold

5-8 Step R side right, step L together, step R back, hold (*facing 9 o'clock*)

17-24 L triple turning ¼ L, hold, R fwd, ½ L pivot turn, R fwd, hold

1-4 Step L side left, step R together, turning ¼ left step L forward, hold

5-8 Step R forward, pivot ½ left, step R forward, hold (*facing 12 o'clock*)

25-32 R full turn forward triple step, hold, R fwd triple step, hold

1-4 Turning ½ right step L back, turning ½ right step R forward, step L forward, hold
Easier option: step L forward, step R together, step L forward, hold

5-8 Step R forward, turning ½ right step L back, turning ½ right step R forward
Easier option: Step R forward, step L together, step R forward, hold (*facing 12 o'clock*)

33-40 ¼ R & L side rock & recover, L cross step, hold (or L toe strut), vine R 4

1-4 Turning ¼ right rock L side, recover weight on R, cross step L over R, hold
(*or execute a cross toe strut on counts 3-4*)

5-8 Step R side right, cross step L behind R, step R side right, cross step L over R
(*facing 3 o'clock*)

41-48 R side, L back rock & recover, L side, R back rock & recover, R fwd, hold

1-4 Step R side right, rock L back, recover weight on R, step L side left

5-8 Rock R back, recover weight on L, step R forward, hold (*facing 3 o'clock*)

49-56 L fwd, ½ R pivot turn, L fwd, hold, R side rock & recover, R together, L heel fwd

1-4 Step L forward, pivot ½ right, step L forward, hold

5-8 Rock R side, recover weight on L, step R together, touch L heel forward
(*facing 9 o'clock*)

57-64 L side rock & recover, L together, ½ R monterey ending with L touch together

1-4 Rock L side, recover weight on R, step L together, hold

5-8 Touch R toes to right side, Turning ½ right step R together, touch L toes to left side, touch L together
(*facing 3 o'clock*)

Easy Ending: Dance finishes facing front wall. The last pattern will start facing front wall. Dance as far as counts 25-28: the full R turning triple & hold (*or easier option R forward triple & hold*) Either way weight ends on L foot. Add 2 quick hip bumps R & L to hit the final notes of the music & hold.