

Steppin' off the Page

Teresa  
Vera

Script approved by

# X-Rated



Teresa Lawrence

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION	
<b>INTERMEDIATE</b>	<b>Section 1</b> 1 & 2 3 & 4 5 & 6 7 - 8 <b>Option:-</b> (7 - 8)	<b>Touch, Heel Twists, Kick &amp; Point, Sailor Step, Behind, Unwind Full Turn.</b> Touch right toe forward. Twist both heels out. Twist both heels in (weight on left). Kick right forward. Step right beside left. Touch left to left side. Cross left behind right. Step right to right side. Step left in place. Cross right behind left. Unwind full turn right (weight ends on right). To avoid full turn replace counts 7 - 8 as follows: Step right beside left. Hold.	Touch Out In Kick & Touch Sailor Step Behind Unwind	On the spot  Turning right
	<b>Section 2</b> 1 - 2 3 & 4 <b>Option:-</b> (3 & 4) 5 - 6 7 - 8 <b>1st Restart:-</b>	<b>Side Rock, Triple Full Turn, Side Rock, Touch, Hold.</b> Rock left to left side. Recover weight onto right. Triple full turn left on the spot stepping Left, Right, Left. To avoid full turn replace counts 3 & 4 as follows: Triple step on the spot stepping Left, Right, Left. Rock right to right side. Recover weight onto right. Touch right beside left. Hold. During 3rd wall restart dance from beginning at this point.	Side Rock Triple Turn  Side Rock	On the spot Turning left  On the spot
	<b>Section 3</b> 1 - 2 3 & 4 & 5 - 6 7 & 8 <b>2nd Restart:-</b>	<b>Weave, Heel Ball Cross, Side, Sailor 1/2 Turn.</b> Cross right over left. Step left to left side. Cross right behind left. Step left to left side slightly back. Dig right heel forward diagonally right. Step onto right beside left. Cross left over right. Step right to right side. Cross left behind right turning 1/4 left. Step right to right side. Step left 1/4 turn left. During 7th Wall, restart dance from beginning at this point.	Cross Side Behind & Heel & Cross Side Sailor Turn	Left  On the spot Right Turning left
	<b>Section 4</b> 1 - 2 3 - 4 5 - 6 <b>Note:-</b> 7 & 8	<b>'Gorgeous Walks', Forward Mambo.</b> Step right forward. Hold. Step left forward. Hold. Step right forward. Hold. During counts 1 - 6 they sing 'You're gorgeous,' so show everyone you are! Rock left forward. Recover weight onto right. Step left beside right.	Right Hold Left Hold Right Hold  Mambo Step	Forward  On the spot
	<b>Section 5</b> 1 - 2 3 & 4 5 - 6 7 & 8	<b>Walks Back, Coaster Step, Scuff, Step, Heel Twists With 1/2 Turn.</b> Step right back. Step left back. Step right back. Step left beside right. Step right forward. Scuff left forward. Step left forward. Twist heels Left, Right, Left turning 1/2 turn right (weight ends on left).	Back Back Coaster Step Scuff Step Heels & Turn	Back On the spot Forward Turning right
	<b>Section 6</b> 1 & 2 3 - 4 5 & 6 7 - 8	<b>Sweep 1/4 Turn Behind, Side, Cross, Side Rock, Behind Side Cross, Side Rock.</b> Sweep right out & around to cross step behind left while turning 1/4 right. Step left to left side. Cross right over left. Rock left to left side. Recover weight onto right. Cross left behind right. Step right to right side. Cross left over right. Rock right to right side. Recover weight onto right.	Turn Side Cross Side Rock Behind Side Cross Side Rock	Turning right Left On the spot Right On the spot
	<b>Section 7</b> 1 - 2 3 & 4 5 - 6 & 7 - 8	<b>Step 1/2 Pivot, Forward Shuffle, Step, Hold, Ball Step, Touch.</b> Step right forward. Pivot 1/2 turn left. Step right forward. Step left beside right. Step right forward. Step left forward. Hold. Step ball of right beside left. Step left forward. Touch right beside left.	Step Pivot Shuffle Step Step Hold Ball Step Touch	Turning left Forward
	<b>Section 8</b> 1 - 2 3 - 4 5 - 6 <b>Note:-</b> & 7 - 8 <b>Note:-</b>	<b>'Handbag' Side Touch, 1/4 Turn Touch, Forward Touch, Spring, Touch, Hold.</b> Step right to right side. Touch left beside right. Turn 1/4 left stepping left to left side. Touch right beside left. Step right forward slightly to right diagonal. Touch left beside right. On the 'handbag' bit add a shoulder roll if you like, make it funky! Pushing off from right, spring back onto left. Touch right beside left. Hold. On count 8 (the hold) strike a pose if you like!	Side Touch Turn Touch Step Touch  Spring Touch Hold	Right Turning left Forward  Back
<b>Ending:            (Optional)</b>	<b>At the end of the dance there is 1 count of music remaining:</b> Do a quick cross right over left, unwind 1/2 turn left to face front, end!			

**2 Wall Line Dance:-** 64 Counts. Intermediate.

**Choreographed by:-** Teresa Lawrence & Vera Fisher (UK) February 2005.

**Choreographed to:-** 'Filthy Gorgeous' (132 bpm) by The Scissor Sisters on single or 'Scissor Sisters' CD.

**Choreographers' Note:-** We have called this dance 'X-Rated' because of the nature of the lyrics. There are two swear words in it. If you're offended by the lyrics then we can only apologise. It is not our intention to offend anyone and we have done this dance for fun and because we love the beat of the track. We hope you 'strut your stuff' and just have a laugh with it, it is meant to be a bit tongue in cheek!