

Rama Lama Ding Dong	
Choreographer:	Susanne Schalewa & Gert Wollschlager
Suggested Music:	Rama Lama Ding Dong by Rocky Sharp & The Replays
Type:	32 count, 4 wall
Level:	beginner/intermediate

CROSS, SIDE, SAILOR STEP, KICK BALL STEP	
1	Cross left foot in front of right foot
2	Step right foot to right side
3	Cross left foot behind right foot
&	Step right foot to right side
4	Step left foot to left side
5	Kick right foot diagonal left
&	Step right foot together
6	Step left foot to left side
7	Kick right foot diagonal left
&	Step right foot together
8	Step left foot to left side
CROSS, SIDE, SAILOR STEP, KICK BALL STEP	
9	Cross right foot in front of left foot
10	Step left foot to left side
11	Cross right foot behind left foot
&	Step left foot to left side
12	Step right foot to right side
13	Kick left foot diagonal right
&	Step left foot together
14	Step right foot to right side
15	Kick left foot diagonal right
&	Step left foot together
16	Step right foot to right side
CROSS SHUFFLE, ¼ TURN RIGHT & SHUFFLE FORWARD, ¼ RIGHT & CHASSÉ LEFT, ¼ SAILOR TURN RIGHT	
17	Cross left foot in front of right foot
&	Step right foot to right side
18	Cross left foot in front of right foot
19	¼ turn right and step right foot forward
&	Step left foot together
20	Step right foot forward
21	¼ turn right on ball of right and step left foot to left side
&	Step right foot together
22	Step left foot to left side
23	Cross right foot behind left foot
&	¼ turn right and step left foot back
24	Step right foot forward
BALL, BALL, HEEL, HEEL, STEP DOWN & BEND KNEES, TOE SPLIT, STEP DOWN & BEND KNEES, HITCH	
25	Step on ball of left foot next to right foot, turn left knee in
26	Step on ball of right foot in place, turn right knee in
	Weight is on both balls, knees pointed inward, heels are up
27	Step on heel of left foot in place, turn knee out
28	Step on heel of left foot in place, turn knee out
	Weight is on both heels, knees pointed outward, toes are up
29	Turn toes to the front and step down, bend both knees
30	Put weight on both heels, straight legs, turn toes out
31	Turn toes to the front and step down, bend both knees
32	Hitch left foot, straight right leg
&	Step large step to L side with L, step R beside L
REPEAT	

Rama Lama Ding Dong fortsat

TAG	
	After the second wall hold the hitch a bit longer and start again with the vocals
TAG	
	At the end of the fifth wall dance to count 31 and hold count 32. Then dance the following steps:
1	(Rama) turn left knee
2	(Lama) turn right knee
&	Bring both knees out
3	(Ding) bring both knees in
&	Bring both knees out
4	(Ding) bring both knees in
5	(Rama) turn left knee
6	(Lama) turn right knee
&	Bring both knees out
7	(Ding) bring both knees in
&	(Ding) bring both knees out
8	(Ding) bring both knees in
1	Left foot touch next to right foot
2	Left foot touch heel left diagonal
3	Left foot touch heel left diagonal