

- 1-4 WALK, WALK, TAP, STEP, 1/2 TURN TRIPLE STEP, KICK BALL-CHANGE
Walk forward right, left, tap right toe behind left foot, step back onto right foot
- 5&6 Triple step (left, right, left) while making 1/2 turn to left
- 7&8 Kick right forward, step quickly onto ball of right foot and change weight to left foot
- 9-12 WALK, WALK, TAP, STEP, 1/2 TURN TRIPLE STEP, KICK BALL-CHANGE
Walk forward right, left, right, tap right toe behind left foot, step back onto right foot
- 13&14 Triple step (left, right, left) while making 1/2 turn to left
- 15&16 Kick right foot forward, step quickly onto ball of right foot and change weight to left foot
- 17-18 TOE STRUT, CROSS TOE STRUT, ROCK STEP, COASTER STEP
Step to right with right toe, flap right heel down
- 19-20 Cross left toe in front of right foot, flap left heel down
- 21-22 Rock forward at an angle on right foot, step in place on left foot
- 23&24 Step back on right foot, step together with left foot, step forward onto right foot
- 25-26 TOE STRUT, CROSS TOE STRUT, ROCK STEP, COASTER STEP
Step to left with left toe, flap left heel down
- 27-28 Cross right toe in front of left foot, flap right heel down
- 29-30 Rock forward at an angle on left foot, step in place on right foot
- 31&32 Step back on left foot, quickly step together with right foot, step forward onto left foot
- 33&34 LINDY RIGHT, ROCK STEP
Shuffle to right, (right, left, right)
- 35-36 Rock back on left foot, step in place on right foot
- 37-38 1/2 VINE LEFT, 1/4 TURN LEFT, HITCH RIGHT KNEE
Step to left on left foot, cross behind with right foot
- 39-40 Step on to left foot making 1/4 turn to left. Hitch right knee
- 41-42 BUMPS AND GRINDS
Step down onto right foot while double bumping right hip
- 43-44 Double bump left hip
- 45-48 Rotate hips counter to the right for 4 beats
- REPEAT

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