

5-6-7-8

CHOREOGRAPHER: "Rodeo" Ruth Lambden (UK) Aug 1997

COUNT: 32

TYPE: 4 Wall Line Dance

LEVEL: Beginner

MUSIC: 5-6-7-8 by Steps-148bpm  
Any up tempo music

SUBMITTED BY Computer Cowgirl: irene.kiener@virgin.net

## COUNTS AND STEPS

## HEEL AND TOE TWISTS &amp; CLAP

1 Twist heels left  
 2 Twist toes left  
 3 Twist heels left  
 4 Clap  
 5 Twist heels right  
 6 Twist toes right  
 7 Twist heels right  
 8 Clap

## HEEL STRUTS FORWARD, HITCH &amp; SLAP

9 Step left foot forward  
 10 Slap left hand on left hip  
 11 Step right foot forward  
 12 Slap right hand on right hip  
 13 Bend knees  
 14 Push hips left as you straighten legs  
 15 Bend knees  
 16 Push hips right as you straighten legs

## LEFT AND RIGHT CHASSE WITH LASSO

17 Step right to right side  
 18 Close left beside right  
 19 Step right to right side  
 20 Close right beside left  
 (While performing steps 17-20, lasso with right arm)  
 21 Step left to left side  
 22 Close right beside left  
 23 Step left to left side  
 24 Close left beside right  
 (While performing steps 21-24, lasso with left arm)

## PISTOL POINTS (WITH OPTIONAL HEEL JACKS)

Note: Link Hands to make gun shape and hold to chest

25 Stretch arms out to left diagonal  
 26 Bend elbow and return to chest  
 27 Stretch arms out to right diagonal  
 28 Bend elbows and return to chest  
 Option: The more experienced dancer may like to put heel jacks  
 with these pistol points.

## MARCH 1/4 TURN LEFT, ROLLING FISTS

29-32 Turn 1/4 turn left by marching on spot - Right, Left, Right, Left  
 Note: While marching on spot, roll left fist in front of chest  
 and right fist above head, shouting 5, 6, 7, 8.

To be danced in a world record breaking attempt for  
 Children in Need at 10.30pm on November 21, 1997.