## Black Pony (aka Mini Black Horse...)

Choreographer: Niels B. Poulsen, niels@love-to-dance.dk, www.love-to-dance.dk

Suggested Music: KT Tunstall: Black horse

Type: 32 counts, 4 walls
Level: Beginner/Intermediate

Intro: 16 count intro – on vocal (11 secs into track)

Note: Obviously I did this dance to make a beginner floor-split to Kate Sala's cool intermediate dance

'Black horse'. Hence the title 'Black Pony'...

### 1 - 8 L step lock step, R step lock step, rock L fw, recover 1/4 L, 1/4 L shuffle turn

1 & 2 Step fw on L, lock R behind L, step fw on L 3 & 4 step fw on R, lock L behind R, step fw on R

5 - 6 rock fw on L, recover weight to R turning ¼ L (\* 2nd restart here – see below)
7 & 8 turn ¼ L stepping fw on L, close R behind L, step fw on L (facing 6:00)

## 9 - 16 Touch R heel and toe fw and back, shuffle fw R, Repeat with L

1 - 2 Touch R heel fw, tap R toe back

3 & 4 step fw on R, close L behind R, step fw on R

5 - 6 touch L heel fw, tap L heel back

7 & 8 step fw on L, close R behind L, step fw on L (facing 6:00)

## 17 - 24 Rock fw R, R coaster, repeat with L

1 - 2 Rock fw on R, recover weight back to L
3 & 4 step back on R, bring L next to R, step fw on R
5 - 6 rock fw on L, recover weight back to R

7 & 8 step back on L, bring R next to L, step fw on L (facing 6:00)

### 25 - 32 Step ½ turn L, shuffle fw R, step ¼ turn R, 2 hip bumps fw and back

1 - 2 Step fw on R, turn ½ turn L stepping onto L
3 & 4 step fw on R, close L behind R, step fw on R

5 - 6 step fw on L, turn ¼ R stepping fw on R (\* 1st restart here – see below)
7 - 8 step onto L bumping L hip fw, step back on R bumping R hip back (facing 3:00)

# BEGIN AGAIN ... AND ENJOY!!!

### \* 2 restarts:

1 restart: During 3rd wall, facing 9 o'clock, restart dance here with L step lock step forward 2 restart: During 7th wall, facing 3 o'clock, restart dance here with L step lock step forward