



Script approved by

Maggie Gallagher

L-A-EX



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STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 & 2 3 & 4 5 - 6 7 & 8	Hitch & Close, Hitch & Cross, Unwind 3/4, Modified Lock Step, Touch. Hitch right to left. Step right to right side. Step left beside right. Hitch right to left. Step right to right side. Cross left over right. Unwind 3/4 turn right. (Weight ends on right). Step left forward. Lock right behind left. Step left forward. Touch right in front of left.	Hitch & Close Hitch & Cross Unwind Step Lock & Touch	Right Turning right Forward
Section 2 1 - 2 3 - 4 5 - 6 & 7 - 8	Heel Swivels, Toe Press, Kick, Walks Back, Side Touch, Hold. Swivel heels right turning 1/4 left. Swivel heels left turning 1/4 right. Press right toe forward. Recover back on left kicking right forward. Walk back right. Walk back left. Step right beside left. Touch left to left side. Hold.	Twist Twist Press Kick Back Back & Touch Hold	On the spot Back On the spot
Section 3 & 1 - 2 & 3 - 4 5 & 6 & 7 & 8	Close, Right Rock, 1/2 Turn, Touch, Hold, Vaudeville, Vaudeville 1/4 Turn. Close left beside right. Rock right to right side. Recover onto left. Make 1/2 turn right step right beside left. Touch left to left side. Hold. Cross left over right. Step right diagonally back on right. Touch left heel diagonally forward left. Step left beside right. Cross right over left. Make 1/4 turn right stepping back on left. Touch right heel diagonally forward right.	& Right Rock Turn Touch Hold Cross & Heel & Cross Turn Heel	On the spot Turning right On the spot Turning right
Section 4 & 1 - 2 3 & 4 5 6 7 & 8	Close, Cross, Side Step, Drag & Cross, 1/4 Turn, 1/2 Turn, Shuffle. Close right beside left. Cross left over right. Big step right to right side. Drag left towards right. Step left together. Cross right over left. Make 1/4 turn right stepping left back. Make 1/2 turn right stepping forward right. Step left forward. Close right beside left. Step left forward.	& Cross Side Drag & Cross Turn Turn Shuffle Step	Right Turning right Forward
Section 5 1 - 2 & 3 - 4 & 5 - 6 7 & 8	Forward Rock, Close, Left Rock, Close, Right Rock, Coaster 1/4 Turn. Rock right forward. Recover onto left. Close right beside left. Rock left to left side. Recover onto right. Close left beside right. Rock right to right side. Recover onto left. Make 1/4 right stepping back on right. Step left beside right. Step right forward.	Forward Rock & Left Rock & Right Rock Coaster Turn	On the spot Turning right
Section 6 1 - 2 3 & 4 5 & 6 7 & 8	Step 3/4 Pivot, Chasse Left, Right Sailor, Left Sailor. Step left forward. Pivot 3/4 turn right. Step left to left side. Close right beside left. Step left to left side. Cross right behind left. Step left to left side. Step right to right side. Cross left behind right. Step right to right side. Step left to left side.	Step Pivot Side Close Side Sailor Step Sailor Step	Turning right On the spot
Section 7 1 - 2 & 3 - 4 & 5 - 6 & 7 - 8	Kicks x2, Step Touch, Hold, Step Touch, Hold, Step Touch, Hold. Low kick right forward twice. Step right back. Touch left forward across right. Hold. Step left in place. Touch right beside left. Hold. Step right forward. Touch left forward. Hold.	Kick Kick & Touch Hold & Touch Hold & Touch Hold	On the spot
Section 8 & 1 - 2 3 - 4 & 5 - 6 7 - 8	Close, Rock Step, Full Turn Right, Out-Out, Hold, Bump Hips x2. Step left in place. Rock forward on right. Recover onto left. Make 1/2 right stepping right forward. Make 1/2 right stepping left back. Step right out to right. Step left out to left. Hold. Bump hips left twice. (Weight remains on left.)	& Rock Step Turn Turn Out Out Hold Bump Bump	On the spot Turning right On the spot

INTERMEDIATE

4 Wall Line Dance. 64 Counts. Intermediate

Choreographed by:- Maggie Gallagher (UK) September 2003

Choreographed to:- 'Sweet Dreams (My L.A. Ex)' (130 bpm), by Rachel Stevens (32 count intro, start on vocals) from 'Funkydory' CD, also available on CD single.